

BlueCare

*The doctor will see you **anywhere, anytime!***

BlueCare Online Doctor Visits:

BlueCare is Blue Cross and Blue Shield of Louisiana's telehealth service. It lets you have doctor visits online, without taking time off work or school. BlueCare is 24/7 – no appointment needed – and open to you and any dependents (children, spouse, etc.) who are covered on your plan.

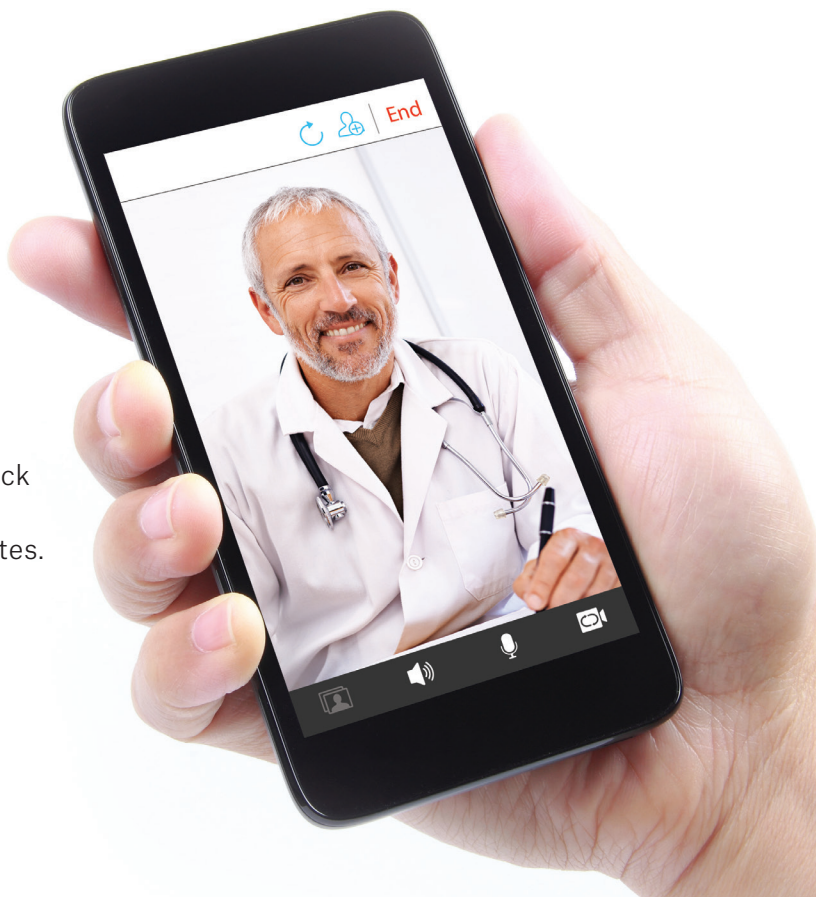
BlueCare is faster and costs less than going to an ER or urgent care clinic. It's a good way to treat minor health conditions like:

- Sinus infections
- Cough or cold
- Flu symptoms
- Rashes
- Allergies
- Bladder infections
- Pink eye
- Mild stomach bugs

You can also use BlueCare to get a prescription, to check in with a doctor if you need a follow-up visit, or when traveling. BlueCare providers are available in all 50 states.

How it works:

1. Visit **www.BlueCareLA.com** or **download the BlueCare (one word) mobile app** on your iPhone or Android device.
2. On your first visit, create a member account. Log into that account each time you use BlueCare online or with the app.
3. Select a physician and connect. All physicians are U.S. trained and board certified.
4. Blue Cross customers should plan to pay at the time of the BlueCare visit. Depending on your plan type and benefits, you may get a refund from Blue Cross later.



www.BlueCareLA.com



Some restrictions apply. As with any medical service, follow the doctor's advice – if the BlueCare doctor tells you that you should go to a clinic or hospital to be treated in person, you should do so.

Powered by American Well. American Well is a vendor that provides the BlueCare telehealth platform for Blue Cross and Blue Shield of Louisiana and its subsidiaries.

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